

Coaching Points--Training Session 3: The Foundation: Union with Christ

Looking Back (20 Minutes)

1. Accountability: Love Does
 - a. Last week, we committed to making one part of our commute to work worship by playing/singing worship songs that resonate. No phone calls, no talk radio-- just worship music (prayer was allowed!). If we work from home, then we committed to set aside the first 15 minutes of our day to connect with God through worship, prayer, and letting God speak to you through His word.
2. Connecting Relationally
 - a. These questions are optional based on how much time you have and/or how much time you want to spend on the Looking Up section.
 - b. If you know that a group member is going through a major life event, then feel free to ask them about it.
 - c. Otherwise, on occasion, you may want to also ask the group, "What is one thing you are celebrating that happened last week or one place you saw God show up?"

Looking Up (20 Minutes)

1. Suggestion: Read the Key Text out loud. This is a time to get people into the Bible and it is good to open up the word and read it every week.
2. Read through the discussion questions and determine which ones you believe the Holy Spirit is leading you to discuss as a group.

Looking Forward (20 Minutes)

1. Practice (N/A)
2. Goal-Setting: Love Does
 - Take a few minutes and come up with one thing you are going to do every day this week to activate your union with Christ. What is one thing you could do this week to help you remain (or continually drink the living water)?
 - An example might be every waking hour, on the hour, you take 10 seconds to breathe in, "I am in Christ, Christ is in me."
3. Vision-Casting
4. Prayer
 - Describe one area that you need prayer and close by praying for each other.