Coaching Points Training Session 2: The Foundation: Spirit-Filled Life

Looking Back (20 Minutes).

- 1. Accountability: Love Does
 - a. Did you take the LoveDoes challenge that had two parts:
 - First, did you pray for your group every day by name? Discuss how it went and the impact it had on you.
 - Second, did you discuss the sailing metaphor with a close friend or spouse? Discuss where you are and how your close friend or spouse described where you are.
- 2. Connecting Relationally
 - a. These questions are optional based on how much time you have and/or how much time you want to spend on the Looking Up section.
 - b. If you know that a group member is going through a major life event, then feel free to ask them about it.
 - c. Otherwise, on occasion, you may want to also ask the group, "What is one thing you are celebrating that happened last week or one place you saw God show up?"

Looking Up (20 Minutes)

- 1. Suggestion: Read the Key Text out loud. This is a time to get people into the Bible and it is good to open up the word and read it every week.
- 2. Discuss selected questions from the Spirit-filled Life Training Session

Looking Forward (20 Minutes)

- 1. Practice (N/A)
- 2. Goal-Setting: LOVE DOES
 - a. In an effort to be doers of the word and just hearers, we're going to practice the Spirit-Filled life (even if you haven't yet been filled with the Spirit) by worshipping and giving thanks. You have been hereby double-dog dared to take the first Movement Mentoring Love Does Double-Dog Dare:
 - Commit to making one part of your commute to work worship by playing/singing worship songs that resonate with you. No phone calls, no talk radio--just worship music (prayer is allowed!). If you work from home, then set aside the first 15 minutes of your day to connect with God through worship, prayer, and letting God speak to you through His word.
- 3. Vision-Casting
- 4. Prayer
 - a. Spend the remainder of your time in prayer. Either take prayer requests and pray or just go straight to prayer.