

Coaching Points for Mentors

Week 1- Overview

Looking Back (20 Minutes).

1. Open the group by sharing how excited you are to invest in and love on this group over the next year.
2. Set the logistics of the group
 - a. Starts on time and ends on time every week
 - b. We'll discuss the commitments that we're all going to make to each other as we read through the overview in our looking up section
 - c. One of many ways we are building a culture of mentoring is through t-shirts and hats. You can purchase these at the Movement Gear store: <https://store.ecompanystore.com/movement/Shop/#/>
 - d. Once you are on the site, type in "Movement Mentoring" to find the mentoring gear.
3. Remind people of the commitments moving forward
 - a. As long as I believe the group is adding value to my life, I commit to attending the group and coming prepared, apart from traveling or emergencies with families.
 - b. I am committing to keeping anything that is shared absolutely confidential.
 - c. I will pray for the others in my group.
4. Have everyone answer the following question, "Why are you interested in mentoring?"
5. Note: This initial section may not take the entire 20 minutes

Looking Up (20 Minutes)

1. Read the Overview out loud together

Looking Forward (20 Minutes)

1. Practice (N/A)
2. Goal-Setting
 - a. Plan Off-Site Dinner
 - b. Commit to Reading the training Session on a Spirit-Filled Life and answering questions
 - c. Read Tim Keller's Spiritual Assessment Tool (provided in the overview) and discuss it with a close friend and/or spouse
 - d. Commit to the first LoveDoes challenge: your drive to work (or your first 15 minutes if you work at home) will be oriented around connecting with God (worship, prayer, Bible reading, meditation, etc.).
3. Vision-Casting: N/A
4. Prayer
 - a. To begin to get to know one another and dip our toes in the waters of vulnerability, share one area of current struggle with the group and then take a few minutes to close out the group in prayer for one another.